

The Socialite

NEWSLETTER



Province of the
EASTERN CAPE
SOCIAL DEVELOPMENT

• • • Issue 1 - JULY 2019 • • •

Building a Caring Society. Together.

IMPORTANT INFORMATION

The Socialite is the Department's Internal Newsletter which is published monthly

It reports internal issues and events, more especially service delivery related events.

Each and every Directorate, Section or Unit is therefore entitled to have their service delivery stories reflected on this publication.

Should you have what you regard as a deserving story, do not hesitate to contact the editor of this publication

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NELSON MANDELA DAY WITH BISHO YOUTH CARE CENTRE BOYS

By: Zona Mpendulo



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Celebrated the world over, Nelson Mandela Day is one of the days the young men in conflict with the law under the care of the department's Bhisho Child and Youth Care Centre look forward to with baited breath.

It's an occasion where they're reintegrated into society and are playing their part towards building a caring society, just as tat'uMandela always advocated. Centre Manager Mthuthuzeli Njungwini said the event is one of the important ones on their calendar as it further rubber stamps the fact that the centre seeks to rehabilitate these children instead of punishing them.

"This is one of the ways in which we show them that there is life after this minor hiccup, therefore they must know how to interact with the community," said Njungwini. The young men in conflict with the law, currently doing time at the centre, as well as the staff joined hands to take part in the 67 minutes for Madiba at the nearby Sikhobeni Location. Njungwini says the visit is a continuation from a commitment made by the centre staff and young men of adopting the Toddler World Day Care Centre in the location.

The day was marked with high spirits and joy as the boys showcased their entertaining

talents of singing and dancing in groups in between breaks while they clean up, and planting a vegetable garden. In addition, they painted the walls of the current structure and dug up a foundation for the extension and renovations that they are currently doing with the help of the private company donations. From out of their own pockets and donations from local business, the center also gave away blankets and cosmetic goodies to the elders of the community

Continuing with the Mandela Month activities, on the 25 July 2019, the center hosted a family day for the young men. The day is set to reunite and reconcile the children with their families while they're still undergoing the youth center programme.

Emotions ran high as some of the parents were still expressing their disappointed with their children while others appreciated and marveled at the improvements in their behavior and the skills they have acquired. In welcoming the parents, officer at the centre Vuyisile Silo encouraged the parents to have deep meaningful conversations with their children as in many instances poor communication between the two parties lead to bad behavior that can manifest in drug taking and joining the wrong crowds.

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MQHEKEZWENI COMMUNITY COMMEMORATE WORLD POPULATION DAY

By Thabo Ratyana



(Left): Chief Zanomthetho Mtirara offering message of support during the World Population day at Mqhekezweni Great Place. (Right) : The masses attending World Population Day.

To commemorate World Population day, the department of Social Development partnered with Walter Sisulu University (WSU) to tackle matters of concern for the community of Mqhekezweni Great Place in Mthatha on 17 and 18 July, 2019. The World Population Day aim is to face range of challenges, amongst which are socio-economic challenges this initiative was also to confront young people's testimony to the fact that there is a great deal of work still to be done in respect of youth development in South Africa.

Addressing the masses OR Tambo District Manager Ms Nomsa Titus said Department of Social has the responsibility to provide a holistic and integrated empowerment approach to youth development utilizing community-based interventions that provide space, opportunities and support for young people to optimize their individual and collective energies and potential for personal development as well as the development of the broader society. She added that the United

Nations Population Fund (UNFPA), develops a theme for Advocacy purposes which is usually around the population concerns as stipulated in the Population Policy of South Africa 1998. In line with the International Conference on Populations Development (ICPD) of 1994 the theme for this year is **"25 Years of ICPD: Looking back, looking forward"**. This year's theme is line with international trends, the Population Policy of South Africa identifies sexual and reproductive health and rights as one of the Population concerns. In response to address issues of teenage pregnancy, the country through its Provinces, conducted a study on factors associated with teenage pregnancy.

In continuation of the World Population Day on July, 18, coinciding with Nelson Mandela day, the youth was hosted by WSU, Population Unit, SAPS, O.R. Tambo Municipality, UNFPA and Ikomkhulu eMqhekezweni reported back on topics they discussed on dialogues on the previous day

Delivering his speech Chief Zanomthetho Mtirara said 'The youth who attended this event must be the agents of change in their respective communities and must be willing to sit down and draw inspiration from our icon Nelson Mandela who was raised at Mqhekezweni from the age of 9 years until he went to Johannesburg'.

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District Director Ms Titus said "it is essential that the youth must be better equipped to play their role in society. Today's youth must make use of such opportunities and Social Development is always keen to help". Col Lt Malusi Sotyato who came from Bityi Police Station stated that 'Young people must stay away from drugs and always strive to be the best regardless of their tough upbringing. Being on the wrong side of the law is not a solution for young people but a setback'.



NEW-IN

This month we feature the newly appointed **Assistant Manager: Customer Care, in the Communication, Liaison and Customer Care unit, Simthembile Chris Mafuna.**

Born in the picturesque coastal town, Port St Johns, Eastern Cape, Chris returns to the department ready to take on this new role with zeal and enthusiasm.



SocialLife: Please give a brief background about yourself

Chris: I have always been a people's person from childhood that is how I ended up in customer care. I Matriculated at Mhlanganisweni High and after, I enrolled at the then Border Technikon, currently known as Walter Sisulu University for a National Certificate in Versatile Broadcasting in 2002 and later 2003 did my Experiential learning at Border Tech FM (Campus Radio Station). In 2004 continued with my studies and enrolled for a National Diploma in Public Relations from the same Institution until 2006. From July 2006 I joined the SABC: Marketing and Sport Divisions (Umhlobo Wenene) for internship until July 2007. After that I was at Ka-giso TV and Communication as Media Monitoring Officer until 2009. That was soon followed by a stint with Department of Mineral Resources for a year before joining Social Development as Customer Care Officer based in Joe Gqabi District, responsible for all Customer care duties and assisting at Communications. I held the post for almost five years before 2016 March when Public Protector Adv. Thuli Madonsela's team offered me a post of Assistant Director: Communications and Customer Care based in the Northern Cape responsible for provincial communication and customer care. This task I executed excellently until the appetite to plough back to the Eastern Cape became uncontrollable.

SocialLife: What do you plan to add to the department?

Chris: Here I am at Social Development effective from 1 July 2019 with clearly defined mandate: Assist the Deputy Director in ensuring that the Unit fulfils its obligatory mandate of ensuring the vulnerable groups of our society, who are our primary clients are assisted promptly to ensure a well-developed society?

I will be working within a collective of capable, capacitated and competent colleagues from Districts and led by Unathi Somana, Deputy Director: Customer Care. Collectively we shall revive our Unit and be counted among the best Customer Care Units in the province.

As a collective, we shall instill and inculcate culture of customer care excellence and encourage everyone within the department to act as brand ambassador of this organisation. We will intensify our customer care internal and external awareness campaigns as a refresher tool and mechanism to officials about the importance of excellent customer service at all time.

SocialLife: Share with us your Future plans and goals?

Chris: *chuckled* they are private SocialLife, come on... However I'm proud to divulge that I am passionate about the Public Sector and will not be leaving anytime soon. The bigger picture is to be counted among the experts in my field. I also am looking into venturing into property sector for my own economic development

SocialLife: What is your motto in life?

Chris: I'm prepared to own all the consequences of my own decisions.

THE *Wellness Corner*

: World Hepatitis Day - 28 July

Hepatitis refers to an inflammatory condition of the liver. It's commonly caused by a viral infection, but there are other possible causes of hepatitis. These include autoimmune hepatitis and hepatitis that occurs as a secondary result of medications, drugs, toxins, and alcohol. Autoimmune hepatitis is a disease that occurs when your body makes antibodies against your liver tissue. Viral infections of the liver that are classified as hepatitis include hepatitis A, B, C, D, and E. A different virus is responsible for each type of virally transmitted hepatitis. The most common are A, B and C

Hepatitis A

Hepatitis A is caused by an infection with the hepatitis A virus (HAV). This type of hepatitis is most commonly transmitted by consuming food or water contaminated by feces from a person infected with hepatitis A.

Hepatitis B

Hepatitis B is transmitted through contact with infectious body fluids, such as blood, vaginal secretions, or semen, containing the hepatitis B virus (HBV). Injection drug use, having sex with an infected partner, or sharing razors with an infected person increase your risk of getting hepatitis B.

Hepatitis C

Hepatitis C comes from the hepatitis C virus (HCV). Hepatitis C is transmitted through direct contact with infected body fluids, typically through injection drug use and sexual contact. HCV is among the most common bloodborne viral infections in the world.

CAUSES OF NONINFECTIOUS HEPATITIS

- Alcohol and other toxins
- Autoimmune system response

COMMON SYMPTOMS OF HEPATITIS

- fatigue
- flu-like symptoms
- dark urine
- pale stool
- abdominal pain
- loss of appetite
- unexplained weight loss
- yellow skin and eyes, which may be signs of jaundice

HOW HEPATITIS IS TREATED

Hepatitis A usually doesn't require treatment because it's a short-term illness. Bed rest may be recommended if symptoms cause a great deal of discomfort.

Hepatitis B

Acute hepatitis B doesn't require specific treatment. Chronic hepatitis B is treated with antiviral medications. This form of treatment can be costly because it must be continued for several months or years.

Hepatitis C

Antiviral medications are used to treat both acute and chronic forms of hepatitis C. People who develop chronic hepatitis C are typically treated with a combination of antiviral drug therapies.

Autoimmune hepatitis

Corticosteroids, like prednisone or budesonide, are extremely important in the early treatment of autoimmune hepatitis. They're effective in about 80 percent of people with this condition.

TIPS TO PREVENT HEPATITIS

Hygiene

Practicing good hygiene is one key way to avoid contracting hepatitis A and E. If you're traveling to a developing country, you should avoid:

- local water, ice, raw or undercooked shell fish and oysters, raw fruit and vegetables

Hepatitis B, C, and D contracted through contaminated blood can be prevented by:

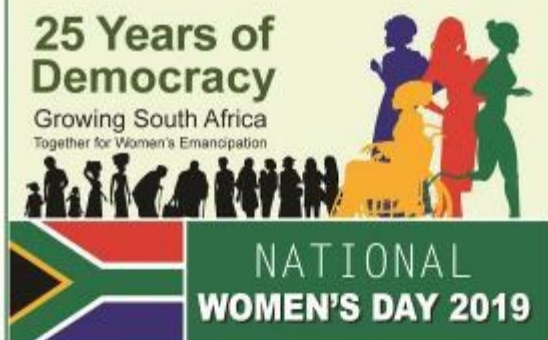
- not sharing drug needles, not sharing razors



TREND ALERT!



Womens Month Events Programme



Date	Event	Venue
09 Aug	National Women's Day	Vryheid—KZN
26-30 Aug	Public Service Women Management Week	
26-30 Aug	DSD SMS Women Empowerment Week	Alfred Nzo District
03 Sept	Launch of DSD & EDCON Women	Nelson Mandela Metro

ON THE LENSE

with Zona Mpendulo

#MANDELA DAY
ACTIONAGAINSTPOVERTY

18 July 2019
STEYNSBURG
JOE GQABI DISTRICT



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